<u>ABSTRACT</u>

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An ergonomic handle for a hand tool includes a main portion extending in a longitudinal direction between a gripping portion and a tool head supporting portion opposite the gripping portion. Both the gripping portion and the tool head supporting portion are offset at an inclination in relation to the longitudinal direction of the main portion at a compound angle including a lateral angle and a vertical angle to ensure proper alignment while improving the line of sight to the tool head. The handle is suited for a hammer system in which removable fastening means secure the tool head to the handle to permit various adjustments to be made to the tool head. A tension member is also received through the handle under tension so that the handle is pre-stressed under compression for added strength.